



- 2011 -

US JU-JITSU & JUDO National Championships

Dates: Friday & Saturday, April 15th -16th 2011

Championships Location: *St. Albans High School, 2100 Kanawha Terrace, St. Albans West Virginia 25177*

Official Hotel: Ramada Plaza Charleston Hotel, 400 Second Avenue SW, Charleston, West Virginia 25303. **Reservations:** 1-304-744-4641, mention “USA Martial Arts” for Special Discount Rate of \$89.00 per night. <http://ramadacharleston.com/>

On Friday - “Mandatory “Uniform Inspection”, “Weigh-in” and “Late Registration” at the USA Martial Arts Headquarters, 81 Olde Main Plaza, St. Albans, West Virginia 25177

Dr. Ernest G. McPeck, J.D. - National Championships Director: 1-800-676-8087

Mr. Michael K. Piaser - Chairman, USJJF Referee Committee & PAJJU Referee Development Committee

USJJF National Competition Events:

<i>JU-JITSU</i>	<i>KODOKAN JUDO</i>
Cadet, Junior, Senior & Master Age Groups	Cadet, Junior, Senior & Master Age Groups
Ju-Jitsu Self-Defense Divisions Ju-Jitsu Fighting Divisions	Judo Competition Divisions
Ju-Jitsu Kata: “Ne-Waza-Jitsu-Kata” and “E-Bo-No-Kata”	Judo Kata Divisions: “Nage-No-Kata”, “Gatame-No-Kata”, “Goshin-Jutsu-Kata” and “Kime-No-Kata”

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“Send Registrations” for the National Championships to:

**USA SELF DEFENSE CENTERS, INC. - 6007 BROCKTON DRIVE, LOCKPORT, NY 14094
CONTACT: Dr. ERNEST G. MCPEEK, JD at 1-800-676-8087.**

National Championships Schedule of Events:

Friday, April 15, 2011

• 2:00 pm to 8:00 pm **“Mandatory Uniform Inspection”, “Weigh-in” and “Late Registration”** at the **USA Martial Arts Headquarters, 81 Olde Main Plaza, St. Albans, West Virginia 25177** **NOTE:** This is a “Mandatory Check-In” for All Competitors in All Divisions.

• 2:00 pm to 6:00 pm **USJJF Coaching & Refereeing Course** at the **USA Martial Arts Headquarters, 81 Olde Main Plaza, St. Albans, West Virginia 25177.**

Note: *This Course is for all persons who do not possess a current USJJF coach’s license or USJJF referee’s license and want to “Coach or Referee” at the 2011 US Ju-Jitsu & Judo National Championships.* For more information on this course, please email the USJJF National Office at natlhq@usjjf.org. Mr. Patrick M. Hickey, Chairman – USJJF Central Technical Committee, Mr. Benjamin DeLeon, Chairman – USJJF Coaching Committee and Mr. Michael K. Piaser, Chairman - USJJF Referee Committee will conduct this training. **Coaching & Refereeing Course Fee: \$25.00** (payable to USJJF) for anyone not already certified as a USJJF Coach or Referee.

Saturday, April 16, 2011

Location of the US Ju-Jitsu & Judo National Championships - St Albans High School, St. Albans, 2100 Kanawha Terrace, West Virginia 25177.

Competition Times -

- *Begins at 8:00 am - Cadet Ju-Jitsu Self-Defense-Duo/Free Form, and Ju-Jitsu Fighting & Judo Fighting Competition.*
- *Begins at approx. 9:30 am - Junior Ju-Jitsu Self-Defense-Duo/Free Form, and Ju-Jitsu Fighting & Judo Fighting Competition.*
- *Begins at approx. 11:00 am – Senior/Master Ju-Jitsu Self-Defense-Duo/Free Form, and Ju-Jitsu Fighting & Judo Fighting Competition.*

Note: All *Competitors and Officials* must be “current” members of the **United States Ju-Jitsu Federation (USJJF)**. *Renewal Annual Membership* will be available at the “check-In” table at the **USA Martial Arts Headquarters, 81 Olde Main Plaza, St. Albans, WV 25177**.

(Extract from the USJJF Regulations for Competition)

ARTICLE VIII - “Uniform Requirements” for USJJF Competition

Section 1 - At US *JU-JITSU* and *USA-TKJ* sanctioned events, all competitors must wear an All-White Ju-Jitsu/Judo Gi (at a minimum) **16 oz. weight**. The uniform cannot be so tight or so loose as to give an “unfair advantage” to the wearer of the gi. The sleeves of the competitor’s uniform must extend past the elbow to approximately center between the elbow and the wrist, but shall not cover the wrist. The pants of the competitor’s uniform must extend below the knee covering most of the shin, but must be at least one inch above the mat. Sleeves or pants shall not be rolled-up or cuffed-up on the competitor’s uniform during a match. Competitors must bring at least two uniforms to all USJJF Competitive Events (for safety - in case any bleeding on the gi occurs). If bleeding does occur, the match will be stopped and gi(s) with blood will be exchanged with the competitor’s extra (clean) gi. Note: Competition matches will not begin without both competitors providing their extra gi to the “ring-side”. Competitors are required to provide their “own” red and blue belts to all USJJF competitions. The competitor will be instructed as to which color belt to wear during each match by the referee.

Section 2 - There can be no more than one (1) patch, logo, or adornment of any type (except brand insignia) on the gi that a competitor wears at a USJJF sanctioned competitive event except for the U.S. JU-JITSU Patch. In other words, one (1) Club Patch and the **US JU-JITSU** or **USA-TKJ** Patch may be worn on a competitor’s uniform.

- COMPETITION DIVISIONS –

- **Cadet & Junior “Duo” System** competition consisting of the following:
 - a. “Shodan” (**Novice** = 1st Level) – One round with *Competitor’s “free choice”* of One (1) Technique from each group of the JJIF designated Duo Attacks.
 - b. “Nidan” (**Intermediate** = 2nd Level) – Four rounds with *Competitor’s “free choice”* of Two (2) Techniques from each group of the JJIF designated Duo Attacks.
 - c. “Sandán” (**Advanced** = 3rd Level) – Four rounds with *Referee’s selection* of Three (3) Techniques from each of the JJIF designated Duo Attacks.

(Drop low and high scores and remaining points is final score.)

- **“Free Form” Single Attacker – Ju-Jitsu Self Defense** competition consisting of one defender and one attacker. Defender will be empty-handed and demonstrate up to **45 seconds** of defenses against attacks. Judging Methods and Standards for JJIF’s “Duo” Self Defense Competition will be used. (Separate Youth & Adult Divisions)
- **“Free Form” Team Ju-Jitsu Self Defense** competition consisting of one defender and multiple (limit 4) attackers. Defender will be empty-handed and demonstrate up to **60 seconds** of defenses against attacks. Judging Method and Standards for JJIF’s “Duo” Self Defense Competition will be used. (Separate Youth & Adult Divisions)
- **Ju-Jitsu & Judo Kata competition consisting of the following Kata:**
(Separate Divisions for Each Kata.)
 - a. Ne-Waza-Jitsu-Kata
 - b. E-Bo-No-Kata
 - c. Nage-No-Kata
 - d. Gatame-No-Kata
 - e. Goshin-Jutsu-Kata
 - f. Kime-No-Kata
 (Drop low and high scores and remaining points is final score.)
- **Senior thru Master Ju-Jitsu Self Defense “Duo” System** competition consisting of the following:
 - a. “Shodan” (**Novice** = 1st Level) – One round with *Competitor’s “free choice”* of One (1) Technique from each group of the JJIF designated Duo Attacks.
 - b. “Nidan” (**Intermediate** = 2nd Level) – Four rounds with *Competitor’s “free choice”* of Two (2) Techniques from each group of the JJIF designated Duo Attacks.
 - c. “Sandán” (**Advanced** = 3rd Level) – Four rounds with *Referee’s selection* of Three (3) Techniques from each of the JJIF designated Duo Attacks.
 (Drop low and high scores and remaining points is final score.)

Ju-Jitsu Fighting Divisions -

- **“Cadet” Ju-Jitsu Fighting System (14 Years & Under)** - USJJF Fighting System Rules. Modified JJIF rules for Youth divisions. Separate Novice and Advanced Divisions. *Note: Youth Fighting System rules include “All Three Parts” of the match.*
NOTE: No Choking or Joint Locks allowed for ages 13 & under. Required Safety Equipment include; “Soft Hand Pads (with Fingers & Thumbs exposed) and Shin & Instep Pads. **Safety Pads** may **only** be **Red** or **Blue** in color. Each competitor is required to have both colors of safety pads.
- **“Junior” Ju-Jitsu Fighting System (Ages 15 - 20 Years) for “Novice and Advanced” Divisions.** Competition using JJIF Rules and standard weight classes. Required Safety Equipment include; “Soft Hand Pads (with Fingers & Thumbs exposed for gripping) and Shin & Instep Pads. Note: **Safety Pads** must be **Red** or **Blue** in color.

- **“Senior” Ju-Jitsu Fighting System (Ages 21 - 30 Years) for “Novice and Advanced” Divisions.** Competition using JJIF rules and standard weight classes. Required Safety Equipment include; “Soft Hand Pads (with Fingers & Thumbs exposed for gripping) and Shin & Instep Pads. Note: **Safety Pads** must be **Red** or **Blue** in color.

Note: The **“USA Team Selection Program”** utilizes the **“Senior” Ju-Jitsu Fighting & Duo Divisions** for consideration (along with the team selection camps and previous competitions) to select the next “USA TEAM” which will represent the USA in the next **WORLD JU-JITSU CHAMPIONSHIPS** conducted by the Ju-Jitsu International Federation (JJIF), hosted by the Austria Ju-Jitsu Federation in November 2011 in Vienna, Austria.

- **“Master” Ju-Jitsu Fighting System (Ages 31 Years & Up) for “Novice and Advanced” Divisions.** Competition using JJIF rules and standard weight classes. Required Safety Equipment include; “Soft Hand Pads (with Fingers & Thumbs exposed for gripping) and Shin & Instep Pads. Note: **Safety Pads** must be **Red** or **Blue** in color.

Note: Each competitor in All Fighting Divisions is required to have both colors of safety pads. Competitors are required to provide their own “Safety Pads” and “Belts” of “both” Red & Blue color to USJF Competitive Events.

Judo Competition Divisions -

- **“Cadet” Judo (14 Years & Under)** using **USA-TKJ** Judo Competition Rules. Separate Novice and Advanced Divisions. **NOTE: No Choking or Joint Locks allowed for ages 13 & under.** **Note:** An All White Ju-Jitsu/Judo Uniform is required for USA-TKJ’s Judo Competition. Each competitor is also required to have both **Red** and **Blue** colored belts. Specific color of belt will be announced by the referee.

- **“Junior” Judo (Ages 15 - 20 Years) for “Novice and Advanced” Divisions.**

Note: An All White Ju-Jitsu/Judo Uniform is required for USA-TKJ’s Judo Competition. Each competitor is also required to have both **Red** and **Blue** colored belts. Specific color of belt will be announced by the referee.

- **“Senior” Judo (Ages 21 - 30 Years) for “Novice and Advanced” Divisions.**

Note: An All White Ju-Jitsu/Judo Uniform is required for USA-TKJ’s Judo Competition. Each competitor is also required to have both **Red** and **Blue** colored belts. Specific color of belt will be announced by the referee.

- **“Master” Judo (Ages 31 Years & Up) for “Novice and Advanced” Divisions.**

Note: An All White Ju-Jitsu/Judo Uniform is required for USA-TKJ’s Judo Competition. Each competitor is also required to have both **Red** and **Blue** colored belts. Specific color of belt will be announced by the referee.

NOTICE OF POSSIBLE TESTING FOR BANNED SUBSTANCES

For competitors, testing, in accordance with procedures of the JJIF & THE WORLD GAMES, may be conducted by the United States Anti-Doping Agency (USADA) - the independent testing agency for sports in the United States. In the event there is a question concerning whether or not a substance is on the list, you may call the Drug Reference Hotline at 1-800-223-0393. If you prefer, you can send your correspondence and inquiries to: United States Anti-Doping Agency, 1265 Lake Plaza Dr., Colorado Springs, CO 80906. Other useful information can be found by visiting USADA's website: <http://www.usantidoping.org/>

Competition will be **Double Elimination** wherever possible.

USJJF Awards will be "Custom Olympic Style" 1st, 2nd & 3rd place **National Championship Medals**.

Other Special Awards to be presented at the **Annual Awards Recognition "Gathering"** to be announced.

Competitors: Complete and submit the "Entry Form" before April 1, 2011 to avoid the late fee. **For further details or questions** email: Dr. Ernest G. McPeck, National Championships Director at 1-800-676-8087.

USA National Awards for 2011 to be presented during this National Championships Event includes:

1. Outstanding Female Junior Competitor Award
2. Outstanding Female Senior Competitor Award
3. Outstanding Male Junior Competitor Award
4. Outstanding Male Senior Competitor Award
5. Outstanding Female Junior Technician Award
6. Outstanding Female Senior Technician Award
7. Outstanding Male Junior Technician Award
8. Outstanding Male Senior Technician Award
9. Outstanding Male Junior Technician Award
10. Outstanding Female Sportsmanship Award
11. Outstanding Male Sportsmanship Award
12. Outstanding Coach of the Year Award
13. Outstanding Referee of the Year Award
14. Outstanding Ju-Jitsu Sensei Award of the Year
15. Outstanding Judo Sensei Award of the Year
16. Presidential Leadership Awards
17. Outstanding Team Competition & Participation Awards
19. Additional Awards to be announced...

For More Details See -

USJJF's Competition Regulations:

http://www.usjff.org/forms/USJJF_Competition_Regulations.pdf

USA-TKJ "Judo Competition" Rules:

http://www.usjff.org/forms/USA-TKJ_Judo_Competition_Rules.pdf

JJIF's "Ju-Jitsu Competition" Rules: <http://www.jjif-referees.com/>

Visit **USJJF** at www.usjff.org

Visit **USA-TKJ** at www.usatkj.org